

Schedule - Akath Katha & Simran Practical - English Version	DAYS listed as per INDIA						
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
India - (12:00-1:00AM) IST Vancouver, Canada - (11:30AM-12:30PM) PST [Previous Day] Melbourne, Australia - (4:30-5:30AM) AEDT [Same Day] London, UK - (7:30-8:30PM) GMT [Previous Day] Atlanta, USA - (2:30-3:30PM) EST [Previous Day]	Bibi Gurwinder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Gurwinder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Gurwinder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Gurwinder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Gurwinder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Gurwinder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Gurwinder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)
India - (2:00-2:45AM) IST Vancouver, Canada - (1:30-2:15PM) PST [Previous Day] Melbourne, Australia - (6:30-7:15AM) AEDT [Same Day] London, UK - (9:30-10:15PM) GMT [Previous Day] Atlanta, USA - (4:30-5:15PM) EST [Previous Day]	Bhai Kuljit Singh Raunta Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Kuljit Singh Raunta Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Kuljit Singh Raunta Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Kuljit Singh Raunta Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Kuljit Singh Raunta Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Kuljit Singh Raunta Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Kuljit Singh Raunta Ji ★ (SIMRAN PRACTICAL CLASS)
India - (2:45-3:15AM) IST Vancouver, Canada - (2:15-2:45PM) PST [Previous Day] Melbourne, Australia - (7:15-7:45AM) AEDT [Same Day] London, UK - (10:15-10:45PM) GMT [Previous Day] Atlanta, USA - (5:15-5:45PM) EST [Previous Day]	Bhai Amrik Singh Balala Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amrik Singh Balala Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amrik Singh Balala Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amrik Singh Balala Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amrik Singh Balala Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amrik Singh Balala Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amrik Singh Balala Ji ★ (SIMRAN PRACTICAL CLASS)
India - (3:15-4:00AM) IST Vancouver, Canada - (2:45-3:30PM) PST [Previous Day] Melbourne, Australia - (7:45-8:30AM) AEDT [Same Day] London, UK - (10:45-11:30PM) GMT [Previous Day] Atlanta, USA - (5:45-6:30PM) EST [Previous Day]	Bibi Prabhjot Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Prabhjot Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Prabhjot Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Prabhjot Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Prabhjot Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Prabhjot Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Prabhjot Kaur Ji ★ (SIMRAN PRACTICAL CLASS)
India - (4:00-5:00AM) IST Vancouver, Canada - (3:30-4:30PM) PST [Previous Day] Melbourne, Australia - (8:30-9:30AM) AEDT [Same Day] London, UK - (11:30PM-12:30AM) GMT [Previous Day] Atlanta, USA - (6:30-7:30PM) EST [Previous Day]	Bhai Amanpreet Singh Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amanpreet Singh Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amanpreet Singh Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amanpreet Singh Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amanpreet Singh Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amanpreet Singh Ji ★ (SIMRAN PRACTICAL CLASS)	Bhai Amanpreet Singh Ji ★ (SIMRAN PRACTICAL CLASS)
India - (5:00-6:00AM) IST Vancouver, Canada - (4:30-5:30PM) PST [Previous Day] Melbourne, Australia - (9:30-10:30AM) AEDT [Same Day] London, UK - (12:30-1:30AM) GMT [Same Day] Atlanta, USA - (7:30-8:30PM) EST [Previous Day]	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)
India - (6:00-6:30AM) IST Vancouver, Canada - (5:30-6:00PM) PST [Previous Day] Melbourne, Australia - (10:30-11:00AM) AEDT [Same Day] London, UK - (1:30-2:00AM) GMT [Same Day] Atlanta, USA - (8:30-9:00PM) EST [Previous Day]	Bhai Shingara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shingara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shingara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shingara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shingara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shingara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shingara Singh Ji ★ (GURBANI VICHAR & SIMRAN)
India - (6:30-7:30AM) IST Vancouver, Canada - (6:00-7:00PM) PST [Previous Day] Melbourne, Australia - (11:00AM-12:00PM) AEDT [Same Day] London, UK - (2:00-3:00AM) GMT [Same Day] Atlanta, USA - (9:00-10:00PM) EST [Previous Day]	Bibi Gurwinder Kaur Ji (AKATH KATHA)	Bibi Gurwinder Kaur Ji (AKATH KATHA)	Bibi Maan Kaur Ji (QUESTION & ANSWER)	Bhai Amrik Singh Ji (AKATH KATHA)	Bhai Ramanpreet Singh Ji (ENGLISH AKATH KATHA)	Bhai Ramanpreet Singh Ji (ENGLISH AKATH KATHA)	Bhai Amanpreet Singh Ji (AKATH KATHA)
India - (3:00-4:00PM) IST Vancouver, Canada - (2:30-3:30AM) PST [Same Day] Melbourne, Australia - (7:30-8:30PM) AEDT [Same Day] London, UK - (10:30AM-11:30PM) GMT [Same Day] Atlanta, USA - (5:30-6:30AM) EST [Same Day]	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)	Bibi Parminder Kaur Ji ★ (SIMRAN PRACTICAL CLASS)
India - (4:00-5:00PM) IST Vancouver, Canada - (3:30-4:30AM) PST [Same Day] Melbourne, Australia - (8:30-9:30PM) AEDT [Same Day] London, UK - (11:30AM-12:30PM) GMT [Same Day] Atlanta, USA - (6:30-7:30AM) EST [Same Day]	Bhai Shangara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shangara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shangara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shangara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shangara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shangara Singh Ji ★ (GURBANI VICHAR & SIMRAN)	Bhai Shangara Singh Ji ★ (GURBANI VICHAR & SIMRAN)
India - (5:00-6:00PM) IST Vancouver, Canada - (4:30-5:30AM) PST [Same Day] Melbourne, Australia - (9:30-10:30PM) AEDT [Same Day] London, UK - (12:30-1:30PM) GMT [Same Day] Atlanta, USA - (7:30-8:30AM) EST [Same Day]	Bibi Maan Kaur Ji ★ (SIMRAN PRACTICAL / Q&A / AKATH KATHA)	Bibi Maan Kaur Ji ★ (SIMRAN PRACTICAL / Q&A / AKATH KATHA)	Bibi Maan Kaur Ji ★ (SIMRAN PRACTICAL / Q&A / AKATH KATHA)	Bibi Maan Kaur Ji ★ (SIMRAN PRACTICAL / Q&A / AKATH KATHA)	Bibi Maan Kaur Ji ★ (SIMRAN PRACTICAL / Q&A / AKATH KATHA)	Bibi Maan Kaur Ji ★ (SIMRAN PRACTICAL / Q&A / AKATH KATHA)	Bibi Maan Kaur Ji ★ (SIMRAN PRACTICAL / Q&A / AKATH KATHA)
India - (8:00-9:00PM) IST Vancouver, Canada - (7:30-8:30AM) PST [Same Day] Melbourne, Australia - (12:30-1:30AM) AEDT [Next Day] London, UK - (3:30-4:30PM) GMT [Same Day] Atlanta, USA - (10:30-11:30AM) EST [Same Day]	Bibi Prabhjot Kaur Ji (AKATH KATHA)	Bibi Prabhjot Kaur Ji (AKATH KATHA)	Bibi Maan Kaur Ji (QUESTION & ANSWER)	Bhai Amrik Singh Ji (AKATH KATHA)	Bibi Parminder Kaur Ji (AKATH KATHA)	Bibi Parminder Kaur Ji (AKATH KATHA)	Bhai Amanpreet Singh Ji (AKATH KATHA)